

DRAW

Subd. 1		Subd. 2		Subd. 3		Subd. 4		Subd. 5		Subd. 6		Subd. 7		Subd. 8		Subd. 9		Subd. 10	
VT	TEAM 1	VT	TEAM 4	VT	TEAM 7	VT	TEAM 10	VT	TEAM 13	VT	TEAM 15	VT	TEAM 17	VT	TEAM 19	VT	TEAM 21	VT	TEAM 23
UB	TEAM 2	UB	TEAM 5	UB	TEAM 8	UB	TEAM 11	UB	TEAM 14	UB	TEAM 16	UB	TEAM 18	UB	TEAM 20	UB	TEAM 22	UB	TEAM 24
BB	TEAM 3	BB	TEAM 6	BB	TEAM 9	BB	TEAM 12	BB	AA 5	BB	AA 7	BB	AA 9	BB	AA 11	BB	AA 13	BB	AS 1
FX	AA 1	FX	AA 2	FX	AA 3	FX	AA 4	FX	AA 6	FX	AA 8	FX	AA 10	FX	AA 12	FX	AA 14	FX	AS 2

Competition				
	VT	UB	BB	FX
SUB 1	TEAM 1	TEAM 2	TEAM 3	AA 1
SUB 2	TEAM 4	TEAM 5	TEAM 6	AA 2
SUB 3	TEAM 7	TEAM 8	TEAM 9	AA 3
SUB 4	TEAM 10	TEAM 11	TEAM 12	AA 4
SUB 5	TEAM 13	TEAM 14	AA 5	AA 6
SUB 6	TEAM 15	TEAM 16	AA 7	AA 8
SUB 7	TEAM 17	TEAM 18	AA 9	AA 10
SUB 8	TEAM 19	TEAM 20	AA 11	AA 12
SUB 9	TEAM 21	TEAM 22	AA 13	AA 14
SUB 10	TEAM 23	TEAM 24	AS 1	AS 2



Tuesday, 13 October 2026

	Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP
7:00:00						
7:15:00						
7:30:00						
7:45:00						
8:00:00						
8:15:00						
8:30:00						
8:45:00			S-DIV 4 08:45-09:30			
9:00:00						
9:15:00						
9:30:00						
9:45:00	S-DIV 5 09:45-10:30			S-DIV 4 09:00-11:30		
10:00:00						
10:15:00						
10:30:00						
10:45:00						
11:00:00		S-DIV 5 10:00-12:30				
11:15:00			S-DIV 6 11:15-14:00			
11:30:00						
11:45:00						
12:00:00						
12:15:00	S-DIV 7 12:30-15:00					
12:30:00				S-DIV 6 11:30-14:00		
12:45:00						
13:00:00						
13:15:00						
13:30:00		S-DIV 7 12:30-15:00				
13:45:00			S-DIV 1 14:00-16:30			
14:00:00						
14:15:00						
14:30:00						
14:45:00	S-DIV 8 14:45-15:00			S-DIV 1 14:00-16:30		
15:00:00						
15:15:00						
15:30:00						
15:45:00						
16:00:00		S-DIV 8 15:00-17:30				
16:15:00			S-DIV 2 16:30-19:00			
16:30:00						
16:45:00						
17:00:00						
17:15:00	S-DIV 9 17:30-20:00			S-DIV 2 16:30-19:00		
17:30:00						
17:45:00						
18:00:00						
18:15:00						
18:30:00		S-DIV 9 17:30-20:00				
18:45:00			S-DIV 3 19:00-21:30			
19:00:00						
19:15:00						
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19:45:00	S-DIV 10 20:00-22:30					
20:00:00						
20:15:00						
20:30:00						
20:45:00						
21:00:00		S-DIV 10 20:00-22:30				
21:15:00			OPEN 21:15-21:30			
21:30:00				OPEN for AS 21:30-22:30		
21:45:00						
22:00:00						
22:15:00						
22:30:00						
22:45:00						
23:00:00						

WAG Training Day

	General Warm-up		Apparatus Training	
	Start	Finish	Start	Finish
S-DIV 1	14:00:00	14:30:00	14:30:00	16:30:00
S-DIV 2	16:30:00	17:00:00	17:00:00	19:00:00
S-DIV 3	19:00:00	19:30:00	19:30:00	21:30:00
S-DIV 4	9:00:00	9:30:00	9:30:00	11:30:00
S-DIV 5	10:00:00	10:30:00	10:30:00	12:30:00
S-DIV 6	11:30:00	12:00:00	12:00:00	14:00:00
S-DIV 7	12:30:00	13:00:00	13:00:00	15:00:00
S-DIV 8	15:00:00	15:30:00	15:30:00	17:30:00
S-DIV 9	17:30:00	18:00:00	18:00:00	20:00:00
S-DIV 10	20:00:00	20:30:00	20:30:00	22:30:00
OPEN	21:15:00	21:30:00	21:30:00	22:30:00

Training Hall #1

Time per rotation including change of apparatus:		00:30:00			
Subdivision 5	VT	UB	BB	FX	
10:00	10:30	General Warm-up			
10:30	11:00	TEAM 13	TEAM 14	AA 5	AA 6
11:00	11:30	AA 6	TEAM 13	TEAM 14	AA 5
11:30	12:00	AA 5	AA 6	TEAM 13	TEAM 14
12:00	12:30	TEAM 14	AA 5	AA 6	TEAM 13

Time per rotation including change of apparatus:		00:30:00			
Subdivision 7	VT	UB	BB	FX	
12:30	13:00	General Warm-up			
13:00	13:30	TEAM 17	TEAM 18	AA 9	AA 10
13:30	14:00	AA 10	TEAM 17	TEAM 18	AA 9
14:00	14:30	AA 9	AA 10	TEAM 17	TEAM 18
14:30	15:00	TEAM 18	AA 9	AA 10	TEAM 17

Time per rotation including change of apparatus:		00:30:00			
Subdivision 8	VT	UB	BB	FX	
15:00	15:30	General Warm-up			
15:30	16:00	TEAM 19	TEAM 20	AA 11	AA 12
16:00	16:30	AA 12	TEAM 19	TEAM 20	AA 11
16:30	17:00	AA 11	AA 12	TEAM 19	TEAM 20
17:00	17:30	TEAM 20	AA 11	AA 12	TEAM 19

Time per rotation including change of apparatus:		00:30:00			
Subdivision 9	VT	UB	BB	FX	
17:30	18:00	General Warm-up			
18:00	18:30	TEAM 21	TEAM 22	AA 13	AA 14
18:30	19:00	AA 14	TEAM 21	TEAM 22	AA 13
19:00	19:30	AA 13	AA 14	TEAM 21	TEAM 22
19:30	20:00	TEAM 22	AA 13	AA 14	TEAM 21

Time per rotation including change of apparatus:		00:30:00			
Subdivision 10	VT	UB	BB	FX	
20:00	20:30	General Warm-up			
20:30	21:00	TEAM 23	TEAM 24	AS 1	AS 2
21:00	21:30	AS 2	TEAM 23	TEAM 24	AS 1
21:30	22:00	AS 1	AS 2	TEAM 23	TEAM 24
22:00	22:30	TEAM 24	AS 1	AS 2	TEAM 23



Training Hall #2

Time per rotation including change of apparatus:		00:30:00			
Subdivision 4	VT	UB	BB	FX	
9:00	9:30	General Warm-up			
9:30	10:00	TEAM 10	TEAM 11	TEAM 12	AA 4
10:00	10:30	AA 4	TEAM 10	TEAM 11	TEAM 12
10:30	11:00	TEAM 12	AA 4	TEAM 10	TEAM 11
11:00	11:30	TEAM 11	TEAM 12	AA 4	TEAM 10

Time per rotation including change of apparatus:		00:30:00			
Subdivision 6	VT	UB	BB	FX	
11:30	12:00	General Warm-up			
12:00	12:30	TEAM 15	TEAM 16	AA 7	AA 8
12:30	13:00	AA 8	TEAM 15	TEAM 16	AA 7
13:00	13:30	AA 7	AA 8	TEAM 15	TEAM 16
13:30	14:00	TEAM 16	AA 7	AA 8	TEAM 15

Time per rotation including change of apparatus:		00:30:00			
Subdivision 1	VT	UB	BB	FX	
14:00	14:30	General Warm-up			
14:30	15:00	TEAM 1	TEAM 2	TEAM 3	AA 1
15:00	15:30	AA 1	TEAM 1	TEAM 2	TEAM 3
15:30	16:00	TEAM 3	AA 1	TEAM 1	TEAM 2
16:00	16:30	TEAM 2	TEAM 3	AA 1	TEAM 1

Time per rotation including change of apparatus:		00:30:00			
Subdivision 2	VT	UB	BB	FX	
16:30	17:00	General Warm-up			
17:00	17:30	TEAM 4	TEAM 5	TEAM 6	AA 2
17:30	18:00	AA 2	TEAM 4	TEAM 5	TEAM 6
18:00	18:30	TEAM 6	AA 2	TEAM 4	TEAM 5
18:30	19:00	TEAM 5	TEAM 6	AA 2	TEAM 4

Time per rotation including change of apparatus:		00:30:00			
Subdivision 3	VT	UB	BB	FX	
19:00	19:30	General Warm-up			
19:30	20:00	TEAM 7	TEAM 8	TEAM 9	AA 3
20:00	20:30	AA 3	TEAM 7	TEAM 8	TEAM 9
20:30	21:00	TEAM 9	AA 3	TEAM 7	TEAM 8
21:00	21:30	TEAM 8	TEAM 9	AA 3	TEAM 7

Time per rotation including change of apparatus:		00:15:00			
WAG Open for AS	VT	UB	BB	FX	
21:15	21:30	General Warm-up			
21:30	21:45	Open Training for Apparatus Specialists			
21:45	22:00				
22:00	22:15				
22:15	22:30				

Wednesday, 14 October 2026

	Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP
7:00:00						
7:15:00						
7:30:00						
7:45:00						
8:00:00						
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8:30:00						
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22:15:00						
22:30:00						
22:45:00						
23:00:00						

WAG Training Day

	General Warm-up		Apparatus Training	
	Start	Finish	Start	Finish
S-DIV 1	14:00:00	14:30:00	14:30:00	16:30:00
S-DIV 2	16:30:00	17:00:00	17:00:00	19:00:00
S-DIV 3	19:00:00	19:30:00	19:30:00	21:30:00
S-DIV 4	9:00:00	9:30:00	9:30:00	11:30:00
S-DIV 5	10:00:00	10:30:00	10:30:00	12:30:00
S-DIV 6	11:30:00	12:00:00	12:00:00	14:00:00
S-DIV 7	12:30:00	13:00:00	13:00:00	15:00:00
S-DIV 8	15:00:00	15:30:00	15:30:00	17:30:00
S-DIV 9	17:30:00	18:00:00	18:00:00	20:00:00
S-DIV 10	20:00:00	20:30:00	20:30:00	22:30:00
OPEN	21:15:00	21:30:00	21:30:00	22:30:00

Training Hall #1

Time per rotation including change of apparatus: 00:30:00

Subdivision 4	VT	UB	BB	FX
9:00	9:30	General Warm-up		
9:30	10:00	TEAM 10	TEAM 11	TEAM 12
10:00	10:30	AA 4	TEAM 10	TEAM 11
10:30	11:00	TEAM 12	AA 4	TEAM 10
11:00	11:30	TEAM 11	TEAM 12	AA 4

Time per rotation including change of apparatus: 00:30:00

Subdivision 6	VT	UB	BB	FX
11:30	12:00	General Warm-up		
12:00	12:30	TEAM 15	TEAM 16	AA 7
12:30	13:00	AA 8	TEAM 15	TEAM 16
13:00	13:30	AA 7	AA 8	TEAM 15
13:30	14:00	TEAM 16	AA 7	AA 8

Time per rotation including change of apparatus: 00:30:00

Subdivision 1	VT	UB	BB	FX
14:00	14:30	General Warm-up		
14:30	15:00	TEAM 1	TEAM 2	TEAM 3
15:00	15:30	AA 1	TEAM 1	TEAM 2
15:30	16:00	TEAM 3	AA 1	TEAM 1
16:00	16:30	TEAM 2	TEAM 3	AA 1

Time per rotation including change of apparatus: 00:30:00

Subdivision 2	VT	UB	BB	FX
16:30	17:00	General Warm-up		
17:00	17:30	TEAM 4	TEAM 5	TEAM 6
17:30	18:00	AA 2	TEAM 4	TEAM 5
18:00	18:30	TEAM 6	AA 2	TEAM 4
18:30	19:00	TEAM 5	TEAM 6	AA 2

Time per rotation including change of apparatus: 00:30:00

Subdivision 3	VT	UB	BB	FX
19:00	19:30	General Warm-up		
19:30	20:00	TEAM 7	TEAM 8	TEAM 9
20:00	20:30	AA 3	TEAM 7	TEAM 8
20:30	21:00	TEAM 9	AA 3	TEAM 7
21:00	21:30	TEAM 8	TEAM 9	AA 3

Time per rotation including change of apparatus: 00:15:00

WAG Open for AS	VT	UB	BB	FX
21:15	21:30	General Warm-up		
21:30	21:45	Open Training for Apparatus Specialists		
21:45	22:00			
22:00	22:15			
22:15	22:30			



Training Hall #2

Time per rotation including change of apparatus: 00:30:00

Subdivision 5	VT	UB	BB	FX
10:00	10:30	General Warm-up		
10:30	11:00	TEAM 13	TEAM 14	AA 5
11:00	11:30	AA 6	TEAM 13	TEAM 14
11:30	12:00	AA 5	AA 6	TEAM 13
12:00	12:30	TEAM 14	AA 5	AA 6

Time per rotation including change of apparatus: 00:30:00

Subdivision 7	VT	UB	BB	FX
12:30	13:00	General Warm-up		
13:00	13:30	TEAM 17	TEAM 18	AA 9
13:30	14:00	AA 10	TEAM 17	TEAM 18
14:00	14:30	AA 9	AA 10	TEAM 17
14:30	15:00	TEAM 18	AA 9	AA 10

Time per rotation including change of apparatus: 00:30:00

Subdivision 8	VT	UB	BB	FX
15:00	15:30	General Warm-up		
15:30	16:00	TEAM 19	TEAM 20	AA 11
16:00	16:30	AA 12	TEAM 19	TEAM 20
16:30	17:00	AA 11	AA 12	TEAM 19
17:00	17:30	TEAM 20	AA 11	AA 12

Time per rotation including change of apparatus: 00:30:00

Subdivision 9	VT	UB	BB	FX
17:30	18:00	General Warm-up		
18:00	18:30	TEAM 21	TEAM 22	AA 13
18:30	19:00	AA 14	TEAM 21	TEAM 22
19:00	19:30	AA 13	AA 14	TEAM 21
19:30	20:00	TEAM 22	AA 13	AA 14

Time per rotation including change of apparatus: 00:30:00

Subdivision 10	VT	UB	BB	FX
20:00	20:30	General Warm-up		
20:30	21:00	TEAM 23	TEAM 24	AS 1
21:00	21:30	AS 2	TEAM 23	TEAM 24
21:30	22:00	AS 1	AS 2	TEAM 23
22:00	22:30	TEAM 24	AS 1	AS 2

Thursday, 15 October 2026						
	Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP
7:00.00						
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22:45.00						
23:00.00						

WAG Podium Training Sub 1-3

	General Warm-up		Apparatus Training		Warm-up		FOP	
	Start	Finish	Start	Finish	Start	Finish	Start	Finish
S-DIV 1	8:30.00	8:45.00	8:45.00	10:15.00	14:15.00	15:45.00	16:00.00	17:28.00
S-DIV 2	10:15.00	10:30.00	10:30.00	12:00.00	16:05.00	17:35.00	17:50.00	19:18.00
S-DIV 3	12:00.00	12:15.00	12:15.00	13:45.00	17:55.00	19:25.00	19:40.00	21:08.00
S-DIV 4	8:30.00	9:00.00	9:00.00	11:00.00				
S-DIV 5	11:00.00	11:30.00	11:30.00	13:30.00				
S-DIV 6	13:30.00	14:00.00	14:00.00	16:00.00				
S-DIV 7	16:00.00	16:30.00	16:30.00	18:30.00				
S-DIV 8	17:00.00	17:30.00	17:30.00	19:30.00				
S-DIV 9	19:00.00	19:30.00	19:30.00	21:30.00				
S-DIV 10	19:30.00	20:00.00	20:00.00	22:00.00				
OPEN	21:15.00	21:30.00	21:30.00	22:30.00				

Training Hall #1

Time per rotation including change of apparatus:					00:22:30
Subdivision 1		VT	UB	BB	FX
8:30	8:45	General Warm-up			
8:45	9:07	TEAM 1	TEAM 2	TEAM 3	AA 1
9:07	9:30	AA 1	TEAM 1	TEAM 2	TEAM 3
9:30	9:52	TEAM 3	AA 1	TEAM 1	TEAM 2
9:52	10:15	TEAM 2	TEAM 3	AA 1	TEAM 1

Time per rotation including change of apparatus:					00:22:30
Subdivision 2		VT	UB	BB	FX
10:15	10:30	General Warm-up			
10:30	10:52	TEAM 4	TEAM 5	TEAM 6	AA 2
10:52	11:15	AA 2	TEAM 4	TEAM 5	TEAM 6
11:15	11:37	TEAM 6	AA 2	TEAM 4	TEAM 5
11:37	12:00	TEAM 5	TEAM 6	AA 2	TEAM 4

Time per rotation including change of apparatus:						00:22:30	
Subdivision 3		VT	UB	BB	FX		
12:00	12:15	General Warm-up					
12:15	12:37	TEAM 7	TEAM 8	TEAM 9	AA 3		
12:37	13:00	AA 3	TEAM 7	TEAM 8	TEAM 9		
13:00	13:22	TEAM 9	AA 3	TEAM 7	TEAM 8		
13:22	13:45	TEAM 8	TEAM 9	AA 3	TEAM 7		

Time per rotation including change of apparatus:					00:30:00
Subdivision 7		VT	UB	BB	FX
16:00	16:30	General Warm-up			
16:30	17:00	TEAM 17	TEAM 18	AA 9	AA 10
17:00	17:30	AA 10	TEAM 17	TEAM 18	AA 9
17:30	18:00	AA 9	AA 10	TEAM 17	TEAM 18
18:00	18:30	TEAM 18	AA 9	AA 10	TEAM 17

Time per rotation including change of apparatus:						00:30:00	
Subdivision 9		VT	UB	BB	FX		
19:00	19:30	General Warm-up					
19:30	20:00	TEAM 21	TEAM 22	AA 13	AA 14		
20:00	20:30	AA 14	TEAM 21	TEAM 22	AA 13		
20:30	21:00	AA 13	AA 14	TEAM 21	TEAM 22		
21:00	21:30	TEAM 22	AA 13	AA 14	TEAM 21		

Time per rotation including change of apparatus:					00:15:00
WAG Open for AS		VT	UB	BB	FX
21:15	21:30	General Warm-up			
21:30	21:45				
21:45	22:00				
22:00	22:15	Open Training for Apparatus Specialists			
22:15	22:30				



Training Hall #2

Time per rotation including change of apparatus:						00:30:00	
Subdivision 4		VT	UB	BB	FX		
8:30	9:00	General Warm-up					
9:00	9:30	TEAM 10	TEAM 11	TEAM 12	AA 4		
9:30	10:00	AA 4	TEAM 10	TEAM 11	TEAM 12		
10:00	10:30	TEAM 12	AA 4	TEAM 10	TEAM 11		
10:30	11:00	TEAM 11	TEAM 12	AA 4	TEAM 10		

Time per rotation including change of apparatus:						00:30:00	
Subdivision 5		VT	UB	BB	FX		
11:00	11:30	General Warm-up					
11:30	12:00	TEAM 13	TEAM 14	AA 5		AA 6	
12:00	12:30	AA 6	TEAM 13	TEAM 14		AA 5	
12:30	13:00	AA 5	AA 6	TEAM 13		TEAM 14	
13:00	13:30	TEAM 14	AA 5	AA 6		TEAM 13	

Time per rotation including change of apparatus:					00:30:00
Subdivision 6		VT	UB	BB	FX
13:30	14:00	General Warm-up			
14:00	14:30	TEAM 15	TEAM 16	AA 7	AA 8
14:30	15:00	AA 8	TEAM 15	TEAM 16	AA 7
15:00	15:30	AA 7	AA 8	TEAM 15	TEAM 16
15:30	16:00	TEAM 16	AA 7	AA 8	TEAM 15

Time per rotation including change of apparatus:						00:30:00	
Subdivision 8		VT	UB	BB	FX		
17:00	17:30	General Warm-up					
17:30	18:00	TEAM 19	TEAM 20	AA 11	AA 12		
18:00	18:30	AA 12	TEAM 19	TEAM 20	AA 11		
18:30	19:00	AA 11	AA 12	TEAM 19	TEAM 20		
19:00	19:30	TEAM 20	AA 11	AA 12	TEAM 19		

Time per rotation including change of apparatus:					00:30:00
Subdivision 10		VT	UB	BB	FX
19:30	20:00	General Warm-up			
20:00	20:30	TEAM 23	TEAM 24	AS 1	AS 2
20:30	21:00	AS 2	TEAM 23	TEAM 24	AS 1
21:00	21:30	AS 1	AS 2	TEAM 23	TEAM 24
21:30	22:00	TEAM 24	AS 1	AS 2	TEAM 23

Warm-up

Time per rotation including change of apparatus:						00:18:00	
Subdivision 1		VT	UB	BB	FX		
14:15	14:33	General Warm-up					
14:33	14:51	AA 1	TEAM 1	TEAM 2	TEAM 3		
14:51	15:09	TEAM 3	AA 1	TEAM 1	TEAM 2		
15:09	15:27	TEAM 2	TEAM 3	AA 1	TEAM 1		
15:27	15:45	TEAM 1	TEAM 2	TEAM 3	AA 1		

Time per rotation including change of apparatus:						00:18:00	
Subdivision 2		VT	UB	BB	FX		
16:05	16:23	General Warm-up					
16:23	16:41	AA 2	TEAM 4	TEAM 5	TEAM 6		
16:41	16:59	TEAM 6	AA 2	TEAM 4	TEAM 5		
16:59	17:17	TEAM 5	TEAM 6	AA 2	TEAM 4		
17:17	17:35	TEAM 4	TEAM 5	TEAM 6	AA 2		

Time per rotation including change of apparatus:						00:18:00	
Subdivision 3		VT	UB	BB	FX		
17:55	18:13	General Warm-up					
18:13	18:31	AA 3	TEAM 7	TEAM 8	TEAM 9		
18:31	18:49	TEAM 9	AA 3	TEAM 7	TEAM 8		
18:49	19:07	TEAM 8	TEAM 9	AA 3	TEAM 7		
19:07	19:25	TEAM 7	TEAM 8	TEAM 9	AA 3		

FOP

Time per rotation including change of apparatus:					00:22:00
Subdivision 1		VT	UB	BB	FX
15:45	16:00	Transition			
16:00	16:22	TEAM 1	TEAM 2	TEAM 3	AA 1
16:22	16:44	AA 1	TEAM 1	TEAM 2	TEAM 3
16:44	17:06	TEAM 3	AA 1	TEAM 1	TEAM 2
17:06	17:28	TEAM 2	TEAM 3	AA 1	TEAM 1

Time per rotation including change of apparatus:						00:22:00	
Subdivision 2		VT	UB	BB	FX		
17:35	17:50	Transition					
17:50	18:12	TEAM 4	TEAM 5	TEAM 6	AA 2		
18:12	18:34	AA 2	TEAM 4	TEAM 5	TEAM 6		
18:34	18:56	TEAM 6	AA 2	TEAM 4	TEAM 5		
18:56	19:18	TEAM 5	TEAM 6	AA 2	TEAM 4		

Friday, 16 October 2026						
Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP	
7:00:00						
7:15:00						
7:30:00						
7:45:00						
8:00:00						
8:15:00						
8:30:00						
8:45:00						
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22:30:00						
22:45:00						
23:00:00						

WAG Podium Training Sub 4-10

	General Warm-up		Apparatus Training		Warm-up		FOP	
	Start	Finish	Start	Finish	Start	Finish	Start	Finish
S-DIV 1	13:45:00	14:15:00	14:15:00	16:15:00				
S-DIV 2	16:15:00	16:45:00	16:45:00	18:45:00				
S-DIV 3	18:45:00	19:15:00	19:15:00	21:15:00				
S-DIV 4	15:00:00	15:15:00	15:15:00	16:45:00	7:45:00	9:15:00	9:30:00	10:58:00
S-DIV 5	16:30:00	16:45:00	16:45:00	18:15:00	9:30:00	11:00:00	11:15:00	12:43:00
S-DIV 6	18:00:00	18:15:00	18:15:00	19:45:00	11:15:00	12:45:00	13:00:00	14:28:00
S-DIV 7	8:30:00	8:45:00	8:45:00	10:15:00	14:15:00	15:45:00	16:00:00	17:28:00
S-DIV 8	10:00:00	10:15:00	10:15:00	11:45:00	16:00:00	17:30:00	17:45:00	19:13:00
S-DIV 9	12:00:00	12:15:00	12:15:00	13:45:00	18:05:00	19:35:00	19:50:00	21:18:00
S-DIV 10	13:30:00	13:45:00	13:45:00	15:15:00	19:45:00	21:15:00	21:30:00	22:58:00
OPEN	21:15:00	21:30:00	21:30:00	22:30:00				

Training Hall #1

Time per rotation including change of apparatus: 00:22:30				
Subdivision 6	VT	UB	BB	FX
General Warm-up				
10:00	10:15			
10:15	10:37	TEAM 19	TEAM 20	AA 11
10:37	11:00	AA 12	TEAM 19	TEAM 20
11:00	11:22	AA 11	AA 12	TEAM 19
11:22	11:45	TEAM 20	AA 11	AA 12

Time per rotation including change of apparatus: 00:22:30				
Subdivision 10	VT	UB	BB	FX
General Warm-up				
13:30	13:45			
13:45	14:07	TEAM 23	TEAM 24	AS 1
14:07	14:30	AS 2	TEAM 23	TEAM 24
14:30	14:52	AS 1	AS 2	TEAM 23
14:52	15:15	TEAM 24	AS 1	AS 2

Time per rotation including change of apparatus: 00:22:30				
Subdivision 6	VT	UB	BB	FX
General Warm-up				
15:00	15:15			
15:15	15:37	TEAM 10	TEAM 11	TEAM 12
15:37	16:00	AA 4	TEAM 10	TEAM 11
16:00	16:22	TEAM 12	AA 4	TEAM 10
16:22	16:45	TEAM 11	TEAM 12	AA 4

Time per rotation including change of apparatus: 00:22:30				
Subdivision 5	VT	UB	BB	FX
General Warm-up				
16:30	16:45			
16:45	17:07	TEAM 13	TEAM 14	AA 5
17:07	17:30	AA 6	TEAM 13	TEAM 14
17:30	17:52	AA 5	AA 6	TEAM 13
17:52	18:15	TEAM 14	AA 5	AA 6

Time per rotation including change of apparatus: 00:22:30				
Subdivision 6	VT	UB	BB	FX
General Warm-up				
18:00	18:15			
18:15	18:37	TEAM 15	TEAM 16	AA 7
18:37	19:00	AA 8	TEAM 15	TEAM 16
19:00	19:22	AA 7	AA 8	TEAM 15
19:22	19:45	TEAM 16	AA 7	AA 8

Time per rotation including change of apparatus: 00:15:00				
WAG Open for AS	VT	UB	BB	FX
General Warm-up				
21:15	21:30			
21:30	21:45			
21:45	22:00			
22:00	22:15			
22:15	22:30			

Training Hall #2

Time per rotation including change of apparatus: 00:22:30				
Subdivision 7	VT	UB	BB	FX
General Warm-up				
8:30	8:45			
8:45	9:07	TEAM 17	TEAM 18	AA 9
9:07	9:30	AA 10	TEAM 17	TEAM 18
9:30	9:52	AA 9	AA 10	TEAM 17
9:52	10:15	TEAM 18	AA 9	AA 10

Time per rotation including change of apparatus: 00:22:30				
Subdivision 9	VT	UB	BB	FX
General Warm-up				
12:00	12:15			
12:15	12:37	TEAM 21	TEAM 22	AA 13
12:37	13:00	AA 14	TEAM 21	TEAM 22
13:00	13:22	AA 13	AA 14	TEAM 21
13:22	13:45	TEAM 22	AA 13	AA 14

Time per rotation including change of apparatus: 00:30:00				
Subdivision 1	VT	UB	BB	FX
General Warm-up				
13:45	14:15			
14:15	14:45	TEAM 1	TEAM 2	TEAM 3
14:45	15:15	AA 1	TEAM 1	TEAM 2
15:15	15:45	TEAM 3	AA 1	TEAM 1
15:45	16:15	TEAM 2	TEAM 3	AA 1

Time per rotation including change of apparatus: 00:30:00				
Subdivision 2	VT	UB	BB	FX
General Warm-up				
16:15	16:45			
16:45	17:15	TEAM 4	TEAM 5	TEAM 6
17:15	17:45	AA 2	TEAM 4	TEAM 5
17:45	18:15	TEAM 6	AA 2	TEAM 4
18:15	18:45	TEAM 5	TEAM 6	AA 2

Time per rotation including change of apparatus: 00:30:00				
Subdivision 3	VT	UB	BB	FX
General Warm-up				
18:45	19:15			
19:15	19:45	TEAM 7	TEAM 8	TEAM 9
19:45	20:15	AA 3	TEAM 7	TEAM 8
20:15	20:45	TEAM 9	AA 3	TEAM 7
20:45	21:15	TEAM 8	TEAM 9	AA 3



Warm-up

Time per rotation including change of apparatus: 00:18:00				
Subdivision	VT	UB	BB	FX
General Warm-up				
7:45	8:03			
8:03	8:21	AA 4	TEAM 10	TEAM 11
8:21	8:21	TEAM 12	AA 4	TEAM 10
8:21	8:21	TEAM 11	TEAM 12	AA 4
8:21	8:21	TEAM 10	TEAM 11	TEAM 12

Time per rotation including change of apparatus: 00:18:00				
Subdivision 5	VT	UB	BB	FX
General Warm-up				
9:30	9:48			
9:48	10:06	AA 6	TEAM 13	TEAM 14
10:06	10:24	AA 5	AA 6	TEAM 13
10:24	10:42	TEAM 14	AA 5	AA 6
10:42	11:00	TEAM 13	TEAM 14	AA 5

Time per rotation including change of apparatus: 00:18:00				
Subdivision 6	VT	UB	BB	FX
General Warm-up				
11:15	11:33			
11:33	11:51	AA 8	TEAM 15	TEAM 16
11:51	12:09	AA 7	AA 8	TEAM 15
12:09	12:27	TEAM 16	AA 7	AA 8
12:27	12:45	TEAM 15	TEAM 16	AA 7

Time per rotation including change of apparatus: 00:18:00				
Subdivision 7	VT	UB	BB	FX
General Warm-up				
14:15	14:33			
14:33	14:51	AA 10	TEAM 17	TEAM 18
14:51	15:09	AA 9	AA 10	TEAM 17
15:09	15:27	TEAM 18	AA 9	AA 10
15:27	15:45	TEAM 17	TEAM 18	AA 9

Time per rotation including change of apparatus: 00:18:00				
Subdivision 8	VT	UB	BB	FX
General Warm-up				
16:00	16:18			
16:18	16:36	AA 12	TEAM 19	TEAM 20
16:36	16:54	AA 11	AA 12	TEAM 19
16:54	17:12	TEAM 20	AA 11	AA 12
17:12	17:30	TEAM 19	TEAM 20	AA 11

Time per rotation including change of apparatus: 00:18:00				
Subdivision 9	VT	UB	BB	FX
General Warm-up				
18:05	18:23			
18:23	18:41	AA 14	TEAM 21	TEAM 22
18:41	18:59	AA 13	AA 14	TEAM 21
18:59	19:17	TEAM 22	AA 13	AA 14
19:17	19:35	TEAM 21	TEAM 22	AA 13

Time per rotation including change of apparatus:					00:18:00
Subdivision 10		VT	UB	BB	FX
19:45	20:03	General Warm-up			
20:03	20:21	AS 2	TEAM 23	TEAM 24	AS 1
20:21	20:39	AS 1	AS 2	TEAM 23	TEAM 24
20:39	20:57	TEAM 24	AS 1	AS 2	TEAM 23
20:57	21:15	TEAM 23	TEAM 24	AS 1	AS 2

Saturday, 17 October 2026

	Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP
7:00:00						
7:15:00						
7:30:00						
7:45:00						
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22:15:00						
22:30:00						
22:45:00						
23:00:00						

WAG Training Day

	General Warm-up		Apparatus Training	
	Start	Finish	Start	Finish
S-DIV 1	14:00:00	14:30:00	14:30:00	16:30:00
S-DIV 2	16:30:00	17:00:00	17:00:00	19:00:00
S-DIV 3	19:00:00	19:30:00	19:30:00	21:30:00
S-DIV 4	9:00:00	9:30:00	9:30:00	11:30:00
S-DIV 5	10:00:00	10:30:00	10:30:00	12:30:00
S-DIV 6	11:30:00	12:00:00	12:00:00	14:00:00
S-DIV 7	12:30:00	13:00:00	13:00:00	15:00:00
S-DIV 8	15:00:00	15:30:00	15:30:00	17:30:00
S-DIV 9	17:30:00	18:00:00	18:00:00	20:00:00
S-DIV 10	20:00:00	20:30:00	20:30:00	22:30:00
OPEN	21:15:00	21:30:00	21:30:00	22:30:00

Training Hall #1

Time per rotation including change of apparatus:		00:30:00			
Subdivision 4	VT	UB	BB	FX	
9:00	9:30	General Warm-up			
9:30	10:00	TEAM 10	TEAM 11	TEAM 12	AA 4
10:00	10:30	AA 4	TEAM 10	TEAM 11	TEAM 12
10:30	11:00	TEAM 12	AA 4	TEAM 10	TEAM 11
11:00	11:30	TEAM 11	TEAM 12	AA 4	TEAM 10

Time per rotation including change of apparatus:		00:30:00			
Subdivision 6	VT	UB	BB	FX	
11:30	12:00	General Warm-up			
12:00	12:30	TEAM 15	TEAM 16	AA 7	AA 8
12:30	13:00	AA 8	TEAM 15	TEAM 16	AA 7
13:00	13:30	AA 7	AA 8	TEAM 15	TEAM 16
13:30	14:00	TEAM 16	AA 7	AA 8	TEAM 15

Time per rotation including change of apparatus:		00:30:00			
Subdivision 1	VT	UB	BB	FX	
14:00	14:30	General Warm-up			
14:30	15:00	TEAM 1	TEAM 2	TEAM 3	AA 1
15:00	15:30	AA 1	TEAM 1	TEAM 2	TEAM 3
15:30	16:00	TEAM 3	AA 1	TEAM 1	TEAM 2
16:00	16:30	TEAM 2	TEAM 3	AA 1	TEAM 1

Time per rotation including change of apparatus:		00:30:00			
Subdivision 2	VT	UB	BB	FX	
16:30	17:00	General Warm-up			
17:00	17:30	TEAM 4	TEAM 5	TEAM 6	AA 2
17:30	18:00	AA 2	TEAM 4	TEAM 5	TEAM 6
18:00	18:30	TEAM 6	AA 2	TEAM 4	TEAM 5
18:30	19:00	TEAM 5	TEAM 6	AA 2	TEAM 4

Time per rotation including change of apparatus:		00:30:00			
Subdivision 3	VT	UB	BB	FX	
19:00	19:30	General Warm-up			
19:30	20:00	TEAM 7	TEAM 8	TEAM 9	AA 3
20:00	20:30	AA 3	TEAM 7	TEAM 8	TEAM 9
20:30	21:00	TEAM 9	AA 3	TEAM 7	TEAM 8
21:00	21:30	TEAM 8	TEAM 9	AA 3	TEAM 7

Time per rotation including change of apparatus:		00:15:00			
WAG Open for AS	VT	UB	BB	FX	
21:15	21:30	General Warm-up			
21:30	21:45	Open Training for Apparatus Specialists			
21:45	22:00				
22:00	22:15				
22:15	22:30				



Training Hall #2

Time per rotation including change of apparatus:		00:30:00			
Subdivision 5	VT	UB	BB	FX	
10:00	10:30	General Warm-up			
10:30	11:00	TEAM 13	TEAM 14	AA 5	AA 6
11:00	11:30	AA 6	TEAM 13	TEAM 14	AA 5
11:30	12:00	AA 5	AA 6	TEAM 13	TEAM 14
12:00	12:30	TEAM 14	AA 5	AA 6	TEAM 13

Time per rotation including change of apparatus:		00:30:00			
Subdivision 7	VT	UB	BB	FX	
12:30	13:00	General Warm-up			
13:00	13:30	TEAM 17	TEAM 18	AA 9	AA 10
13:30	14:00	AA 10	TEAM 17	TEAM 18	AA 9
14:00	14:30	AA 9	AA 10	TEAM 17	TEAM 18
14:30	15:00	TEAM 18	AA 9	AA 10	TEAM 17

Time per rotation including change of apparatus:		00:30:00			
Subdivision 8	VT	UB	BB	FX	
15:00	15:30	General Warm-up			
15:30	16:00	TEAM 19	TEAM 20	AA 11	AA 12
16:00	16:30	AA 12	TEAM 19	TEAM 20	AA 11
16:30	17:00	AA 11	AA 12	TEAM 19	TEAM 20
17:00	17:30	TEAM 20	AA 11	AA 12	TEAM 19

Time per rotation including change of apparatus:		00:30:00			
Subdivision 9	VT	UB	BB	FX	
17:30	18:00	General Warm-up			
18:00	18:30	TEAM 21	TEAM 22	AA 13	AA 14
18:30	19:00	AA 14	TEAM 21	TEAM 22	AA 13
19:00	19:30	AA 13	AA 14	TEAM 21	TEAM 22
19:30	20:00	TEAM 22	AA 13	AA 14	TEAM 21

Time per rotation including change of apparatus:		00:30:00			
Subdivision 10	VT	UB	BB	FX	
20:00	20:30	General Warm-up			
20:30	21:00	TEAM 23	TEAM 24	AS 1	AS 2
21:00	21:30	AS 2	TEAM 23	TEAM 24	AS 1
21:30	22:00	AS 1	AS 2	TEAM 23	TEAM 24
22:00	22:30	TEAM 24	AS 1	AS 2	TEAM 23

Sunday, 18 October 2026						
	Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP
7:00.00						
7:15.00						
7:30.00						
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22:45.00						
23:00.00						

WAG Qualifications Sub 1-3

	General Warm-up		Apparatus Training		Warm-up		FOP	
	Start	Finish	Start	Finish	Start	Finish	Start	Finish
S-DIV 1	8:30.00	8:45.00	8:45.00	10:15.00	14:15.00	15:45.00	16:00.00	17:20.00
S-DIV 2	10:15.00	10:30.00	10:30.00	12:00.00	16:05.00	17:35.00	17:50.00	19:10.00
S-DIV 3	12:00.00	12:15.00	12:15.00	13:45.00	17:55.00	19:25.00	19:40.00	21:00.00
S-DIV 4	8:30.00	9:00.00	9:00.00	11:00.00				
S-DIV 5	11:00.00	11:30.00	11:30.00	13:30.00				
S-DIV 6	13:30.00	14:00.00	14:00.00	16:00.00				
S-DIV 7	16:00.00	16:30.00	16:30.00	18:30.00				
S-DIV 8	17:00.00	17:30.00	17:30.00	19:30.00				
S-DIV 9	19:00.00	19:30.00	19:30.00	21:30.00				
S-DIV 10	19:30.00	20:00.00	20:00.00	22:00.00				
OPEN	21:15.00	21:30.00	21:30.00	22:30.00				

Training Hall #1

Time per rotation including change of apparatus: 00:22:30					
Subdivision	VT	UB	BB	FX	
8:30	8:45	General Warm-up			
8:45	9:07	TEAM 1	TEAM 2	TEAM 3	AA 1
9:07	9:30	AA 1	TEAM 1	TEAM 2	TEAM 3
9:30	9:52	TEAM 3	AA 1	TEAM 1	TEAM 2
9:52	10:15	TEAM 2	TEAM 3	AA 1	TEAM 1

Time per rotation including change of apparatus: 00:22:30					
Subdivision 2	VT	UB	BB	FX	
10:15	10:30	General Warm-up			
10:30	10:52	TEAM 4	TEAM 5	TEAM 6	AA 2
10:52	11:15	AA 2	TEAM 4	TEAM 5	TEAM 6
11:15	11:37	TEAM 6	AA 2	TEAM 4	TEAM 5
11:37	12:00	TEAM 5	TEAM 6	AA 2	TEAM 4

Time per rotation including change of apparatus: 00:22:30					
Subdivision 3	VT	UB	BB	FX	
12:00	12:15	General Warm-up			
12:15	12:37	TEAM 7	TEAM 8	TEAM 9	AA 3
12:37	13:00	AA 3	TEAM 7	TEAM 8	TEAM 9
13:00	13:22	TEAM 9	AA 3	TEAM 7	TEAM 8
13:22	13:45	TEAM 8	TEAM 9	AA 3	TEAM 7

Time per rotation including change of apparatus: 00:30:00					
Subdivision 7	VT	UB	BB	FX	
16:00	16:30	General Warm-up			
16:30	17:00	TEAM 17	TEAM 18	AA 9	AA 10
17:00	17:30	AA 10	TEAM 17	TEAM 18	AA 9
17:30	18:00	AA 9	AA 10	TEAM 17	TEAM 18
18:00	18:30	TEAM 18	AA 9	AA 10	TEAM 17

Time per rotation including change of apparatus: 00:30:00					
Subdivision 9	VT	UB	BB	FX	
19:00	19:30	General Warm-up			
19:30	20:00	TEAM 21	TEAM 22	AA 13	AA 14
20:00	20:30	AA 14	TEAM 21	TEAM 22	AA 13
20:30	21:00	AA 13	AA 14	TEAM 21	TEAM 22
21:00	21:30	TEAM 22	AA 13	AA 14	TEAM 21

Time per rotation including change of apparatus: 00:15:00					
WAG Open for AS	VT	UB	BB	FX	
21:15	21:30	General Warm-up			
21:30	21:45	Open Training for Apparatus Specialists			
21:45	22:00				
22:00	22:15				
22:15	22:30				



Training Hall #2

Time per rotation including change of apparatus: 00:30:00					
Subdivision	VT	UB	BB	FX	
8:30	9:00	General Warm-up			
9:00	9:30	TEAM 10	TEAM 11	TEAM 12	AA 4
9:30	10:00	AA 4	TEAM 10	TEAM 11	TEAM 12
10:00	10:30	TEAM 12	AA 4	TEAM 10	TEAM 11
10:30	11:00	TEAM 11	TEAM 12	AA 4	TEAM 10

Time per rotation including change of apparatus: 00:30:00					
Subdivision 5	VT	UB	BB	FX	
11:00	11:30	General Warm-up			
11:30	12:00	TEAM 13	TEAM 14	AA 5	AA 6
12:00	12:30	AA 6	TEAM 13	TEAM 14	AA 5
12:30	13:00	AA 5	AA 6	TEAM 13	TEAM 14
13:00	13:30	TEAM 14	AA 5	AA 6	TEAM 13

Time per rotation including change of apparatus: 00:30:00					
Subdivision 6	VT	UB	BB	FX	
13:30	14:00	General Warm-up			
14:00	14:30	TEAM 15	TEAM 16	AA 7	AA 8
14:30	15:00	AA 8	TEAM 15	TEAM 16	AA 7
15:00	15:30	AA 7	AA 8	TEAM 15	TEAM 16
15:30	16:00	TEAM 16	AA 7	AA 8	TEAM 15

Time per rotation including change of apparatus: 00:30:00					
Subdivision 8	VT	UB	BB	FX	
17:00	17:30	General Warm-up			
17:30	18:00	TEAM 19	TEAM 20	AA 11	AA 12
18:00	18:30	AA 12	TEAM 19	TEAM 20	AA 11
18:30	19:00	AA 11	AA 12	TEAM 19	TEAM 20
19:00	19:30	TEAM 20	AA 11	AA 12	TEAM 19

Time per rotation including change of apparatus: 00:30:00					
Subdivision 10	VT	UB	BB	FX	
19:30	20:00	General Warm-up			
20:00	20:30	TEAM 23	TEAM 24	AS 1	AS 2
20:30	21:00	AS 2	TEAM 23	TEAM 24	AS 1
21:00	21:30	AS 1	AS 2	TEAM 23	TEAM 24
21:30	22:00	TEAM 24	AS 1	AS 2	TEAM 23

Warm-up

Time per rotation including change of apparatus: 00:18:00					
Subdivision	VT	UB	BB	FX	
14:15	14:33	General Warm-up			
14:33	14:51	AA 1	TEAM 1	TEAM 2	TEAM 3
14:51	15:09	TEAM 3	AA 1	TEAM 1	TEAM 2
15:09	15:27	TEAM 2	TEAM 3	AA 1	TEAM 1
15:27	15:45	TEAM 1	TEAM 2	TEAM 3	AA 1

Time per rotation including change of apparatus: 00:18:00					
Subdivision 2	VT	UB	BB	FX	
16:05	16:23	General Warm-up			
16:23	16:41	AA 2	TEAM 4	TEAM 5	TEAM 6
16:41	16:59	TEAM 6	AA 2	TEAM 4	TEAM 5
16:59	17:17	TEAM 5	TEAM 6	AA 2	TEAM 4
17:17	17:35	TEAM 4	TEAM 5	TEAM 6	AA 2

Time per rotation including change of apparatus: 00:18:00					
Subdivision 3	VT	UB	BB	FX	
17:55	18:13	General Warm-up			
18:13	18:31	AA 3	TEAM 7	TEAM 8	TEAM 9
18:31	18:49	TEAM 9	AA 3	TEAM 7	TEAM 8
18:49	19:07	TEAM 8	TEAM 9	AA 3	TEAM 7
19:07	19:25	TEAM 7	TEAM 8	TEAM 9	AA 3

FOP

Time per rotation including change of apparatus: 00:20:00					
Subdivision	VT	UB	BB	FX	
15:45	16:00	Transition			
16:00	16:20	TEAM 1	TEAM 2	TEAM 3	AA 1
16:20	16:40	AA 1	TEAM 1	TEAM 2	TEAM 3
16:40	17:00	TEAM 3	AA 1	TEAM 1	TEAM 2
17:00	17:20	TEAM 2	TEAM 3	AA 1	TEAM 1

Time per rotation including change of apparatus: 00:20:00					
Subdivision 2	VT	UB	BB	FX	
17:35	17:50	Transition			
17:50	18:10	TEAM 4	TEAM 5	TEAM 6	AA 2
18:10	18:30	AA 2	TEAM 4	TEAM 5	TEAM 6
18:30	18:50	TEAM 6	AA 2	TEAM 4	TEAM 5
18:50	19:10	TEAM 5	TEAM 6	AA 2	TEAM 4

Time per rotation including change of apparatus: 00:20:00					
Subdivision 3	VT	UB	BB	FX	
19:25	19:40	Transition			
19:40	20:00	TEAM 7	TEAM 8	TEAM 9	AA 3
20:00	20:20	AA 3	TEAM 7	TEAM 8	TEAM 9
20:20	20:40	TEAM 9	AA 3	TEAM 7	TEAM 8
20:40	21:00	TEAM 8	TEAM 9	AA 3	TEAM 7

Monday, 19 October 2026						
Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP	
7:00:00						
7:15:00						
7:30:00						
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22:45:00						
23:00:00						

WAG Qualifications Sub 4-10

	General Warm-up				Apparatus Training				Warm-up				FOP			
	Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish
S-DIV 1	13:45:00	14:15:00	14:15:00	16:15:00												
S-DIV 2	16:15:00	16:45:00	16:45:00	18:45:00												
S-DIV 3	18:45:00	19:15:00	19:15:00	21:15:00												
S-DIV 4	15:00:00	15:15:00	15:15:00	16:45:00	7:45:00	9:15:00	9:30:00	10:50:00								
S-DIV 5	16:30:00	16:45:00	16:45:00	18:15:00	9:20:00	10:50:00	11:05:00	12:25:00								
S-DIV 6	18:00:00	18:15:00	18:15:00	19:45:00	10:55:00	12:25:00	12:40:00	14:00:00								
S-DIV 7	8:30:00	8:45:00	8:45:00	10:15:00	14:15:00	15:45:00	16:00:00	17:20:00								
S-DIV 8	10:00:00	10:15:00	10:15:00	11:45:00	15:50:00	17:20:00	17:35:00	18:55:00								
S-DIV 9	12:00:00	12:15:00	12:15:00	13:45:00	17:50:00	19:20:00	19:35:00	20:55:00								
S-DIV 10	13:30:00	13:45:00	13:45:00	15:15:00	19:25:00	20:55:00	21:10:00	22:30:00								
OPEN	21:15:00	21:30:00	21:30:00	22:30:00												

Training Hall #1

Time per rotation including change of apparatus: 00:22:30				
Subdivision 0	VT	UB	BB	FX
General Warm-up				
10:00	10:15	TEAM 19	TEAM 20	AA 11
10:15	10:37	TEAM 19	TEAM 20	AA 11
10:37	11:00	AA 12	TEAM 19	TEAM 20
11:00	11:22	AA 11	AA 12	TEAM 19
11:22	11:45	TEAM 20	AA 11	AA 12

Time per rotation including change of apparatus: 00:22:30

Subdivision 10	VT	UB	BB	FX
General Warm-up				
13:30	13:45	TEAM 24	AS 1	AS 2
13:45	14:07	TEAM 24	AS 1	AS 2
14:07	14:30	AS 2	TEAM 23	TEAM 24
14:30	14:52	AS 1	AS 2	TEAM 23
14:52	15:15	TEAM 24	AS 1	AS 2

Time per rotation including change of apparatus: 00:22:30

Subdivision 1	VT	UB	BB	FX
General Warm-up				
15:00	15:15	TEAM 10	TEAM 11	TEAM 12
15:15	15:37	TEAM 10	TEAM 11	TEAM 12
15:37	16:00	AA 4	TEAM 10	TEAM 11
16:00	16:22	TEAM 12	AA 4	TEAM 10
16:22	16:45	TEAM 11	TEAM 12	AA 4

Time per rotation including change of apparatus: 00:22:30

Subdivision 5	VT	UB	BB	FX
General Warm-up				
16:30	16:45	TEAM 13	TEAM 14	AA 5
16:45	17:07	TEAM 13	TEAM 14	AA 5
17:07	17:30	AA 6	TEAM 13	TEAM 14
17:30	17:52	AA 5	AA 6	TEAM 13
17:52	18:15	TEAM 14	AA 5	AA 6

Time per rotation including change of apparatus: 00:22:30

Subdivision 6	VT	UB	BB	FX
General Warm-up				
18:00	18:15	TEAM 15	TEAM 16	AA 7
18:15	18:37	TEAM 15	TEAM 16	AA 7
18:37	19:00	AA 8	TEAM 15	TEAM 16
19:00	19:22	AA 7	AA 8	TEAM 15
19:22	19:45	TEAM 16	AA 7	AA 8

Time per rotation including change of apparatus: 00:15:00

WAG Open for AS	VT	UB	BB	FX
General Warm-up				
21:15	21:30	TEAM 15	TEAM 16	AA 7
21:30	21:45	TEAM 15	TEAM 16	AA 7
21:45	22:00	AA 8	TEAM 15	TEAM 16
22:00	22:15	AA 7	AA 8	TEAM 15
22:15	22:30	TEAM 16	AA 7	AA 8



Training Hall #2

Time per rotation including change of apparatus: 00:22:30				
Subdivision 7	VT	UB	BB	FX
General Warm-up				
8:30	8:45	TEAM 17	TEAM 18	AA 9
8:45	9:07	TEAM 17	TEAM 18	AA 9
9:07	9:30	AA 10	TEAM 17	TEAM 18
9:30	9:52	AA 9	AA 10	TEAM 17
9:52	10:15	TEAM 18	AA 9	AA 10

Time per rotation including change of apparatus: 00:22:30

Subdivision 9	VT	UB	BB	FX
General Warm-up				
12:00	12:15	TEAM 21	TEAM 22	AA 13
12:15	12:37	TEAM 21	TEAM 22	AA 13
12:37	13:00	AA 13	AA 14	TEAM 21
13:00	13:22	AA 13	AA 14	TEAM 21
13:22	13:45	TEAM 22	AA 13	AA 14

Time per rotation including change of apparatus: 00:30:00

Subdivision 1	VT	UB	BB	FX
General Warm-up				
13:45	14:15	TEAM 1	TEAM 2	TEAM 3
14:15	14:45	TEAM 1	TEAM 2	TEAM 3
14:45	15:15	AA 1	TEAM 1	TEAM 2
15:15	15:45	TEAM 3	AA 1	TEAM 1
15:45	16:15	TEAM 2	TEAM 3	AA 1

Time per rotation including change of apparatus: 00:30:00

Subdivision 2	VT	UB	BB	FX
General Warm-up				
16:15	16:45	TEAM 5	TEAM 6	AA 2
16:45	17:15	TEAM 5	TEAM 6	AA 2
17:15	17:45	AA 2	TEAM 4	TEAM 5
17:45	18:15	TEAM 6	AA 2	TEAM 4
18:15	18:45	TEAM 5	TEAM 6	AA 2

Time per rotation including change of apparatus: 00:30:00

Subdivision 3	VT	UB	BB	FX
General Warm-up				
18:45	19:15	TEAM 7	TEAM 8	TEAM 9
19:15	19:45	TEAM 7	TEAM 8	TEAM 9
19:45	20:15	AA 3	TEAM 7	TEAM 8
20:15	20:45	TEAM 9	AA 3	TEAM 7
20:45	21:15	TEAM 8	TEAM 9	AA 3

Warm-up

Time per rotation including change of apparatus: 00:18:00				
Subdivision 4	VT	UB	BB	FX
General Warm-up				
7:45	8:03	AA 4	TEAM 10	TEAM 11
8:03	8:21	AA 4	TEAM 10	TEAM 11
8:21	8:39	TEAM 12	AA 4	TEAM 10
8:39	8:57	TEAM 11	TEAM 12	AA 4
8:57	9:15	TEAM 10	TEAM 11	TEAM 12

Time per rotation including change of apparatus: 00:18:00

Subdivision 5	VT	UB	BB	FX
General Warm-up				
9:20	9:38	AA 6	TEAM 13	TEAM 14
9:38	9:56	AA 6	TEAM 13	TEAM 14
9:56	10:14	AA 5	AA 6	TEAM 13
10:14	10:32	TEAM 14	AA 5	AA 6
10:32	10:50	TEAM 13	TEAM 14	AA 5

Time per rotation including change of apparatus: 00:18:00

Subdivision 6	VT	UB	BB	FX
General Warm-up				
10:55	11:13	AA 8	TEAM 15	TEAM 16
11:13	11:31	AA 8	TEAM 15	TEAM 16
11:31	11:49	AA 7	AA 8	TEAM 15
11:49	12:07	TEAM 16	AA 7	AA 8
12:07	12:25	TEAM 15	TEAM 16	AA 7

Time per rotation including change of apparatus: 00:18:00

Subdivision 7	VT	UB	BB	FX
General Warm-up				
14:15	14:33	AA 10	TEAM 17	TEAM 18
14:33	14:51	AA 10	TEAM 17	TEAM 18
14:51	15:09	AA 9	AA 10	TEAM 17
15:09	15:27	TEAM 18	AA 9	AA 10
15:27	15:45	TEAM 17	TEAM 18	AA 9

Time per rotation including change of apparatus: 00:18:00

Subdivision 8	VT	UB	BB	FX
General Warm-up				
15:50	16:08	AA 12	TEAM 19	TEAM 20
16:08	16:26	AA 12	TEAM 19	TEAM 20
16:26	16:44	AA 11	AA 12	TEAM 19
16:44	17:02	TEAM 20	AA 11	AA 12
17:02	17:20	TEAM 19	TEAM 20	AA 11

Time per rotation including change of apparatus: 00:18:00

Subdivision 9		VT	UB	BB	FX
17:50	18:08	General Warm-up			
18:08	18:26	AA 14	TEAM 21		AA 13
18:26	18:44	AA 13	AA 14	TEAM 21	TEAM 22
18:44	19:02	TEAM 22	AA 13	AA 14	TEAM 21
19:02	19:20	TEAM 21	TEAM 22	AA 13	AA 14

	Stretching Area	Training Hall #1	Warm-Up Hall	FOP
7:00:00				
7:15:00				
7:30:00				
7:45:00				
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9:30:00				
9:45:00				
10:00:00				
10:15:00		Open Training 09:00-12:00		
10:30:00				
10:45:00				
11:00:00				
11:15:00				
11:30:00				
11:45:00				
12:00:00				
12:15:00		WAG Team Final Training 12:00-15:00		
12:30:00				
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14:45:00				
15:00:00				
15:15:00		WAG Apparatus Final Training 15:00-18:00		
15:30:00				
15:45:00				
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16:15:00				
16:30:00				
16:45:00				
17:00:00				
17:15:00				
17:30:00				
17:45:00				
18:00:00		WAG All Around Final Training 18:00-21:00		
18:15:00				
18:30:00				
18:45:00				
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23:00:00				

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Time per rotation including change of apparatus:					00:37:30
WAG Open - Training		VT	UB	BB	FX
9:00	9:30	General Warm-up			
9:30	10:07	Open Training			
10:07	10:45				
10:45	11:22				
11:22	12:00				

WAG Team - Training		VT	UB	BB	FX
12:00	12:30	General Warm-up			
12:30	13:07	TF Q1-Q2	TF Q3-Q4	TF Q5-Q6	TF Q7-Q8
13:07	13:45	TF Q7-Q8	TF Q1-Q2	TF Q3-Q4	TF Q5-Q6
13:45	14:22	TF Q5-Q6	TF Q7-Q8	TF Q1-Q2	TF Q3-Q4
14:22	15:00	TF Q3-Q4	TF Q5-Q6	TF Q7-Q8	TF Q1-Q2

WAG AF - Training		VT	UB	BB	FX
15:00	15:30	General Warm-up			
15:30	16:07	VT Q1-Q8 + R	UB Q1-Q8 + R	BB Q1-Q8 + R	FX Q1-Q8 + R
16:07	16:45				
16:45	17:22				
17:22	18:00				

WAG AA - Training		VT	UB	BB	FX
18:00	18:30	General Warm-up			
18:30	19:07	AA Q1-Q6 + R4**	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**
19:07	19:45	AA Q19-Q24 + R1**	AA Q1-Q6 + R4**	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**
19:45	20:22	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**	AA Q1-Q6 + R4**	AA Q7-Q12 + R3**
20:22	21:00	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**	AA Q1-Q6 + R4**

Wednesday, 21 October 2026				
Stretching Area	Training Ind 1	Warm-Up Ind	FOP	
7:00-00				
7:15-00				
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22:45-00				

[illegible]

* Non qualified Gymnasts and NF substitute

** for NF without qualified WAG Gymnast

Training Hall #1					
Time per rotation including change of apparatus:					00:30:00
WAG TF - Training		VT	UB	BB	FX
General Warm-up					
10:00	10:30				
10:30	11:00	TF Q1-Q2	TF Q3-Q4	TF Q5-Q6	TF Q7-Q8
11:00	11:30	TF Q7-Q8	TF Q1-Q2	TF Q3-Q4	TF Q5-Q6
11:30	12:00	TF Q5-Q6	TF Q7-Q8	TF Q1-Q2	TF Q3-Q4
12:00		TF Q3-Q4	TF Q5-Q6	TF Q7-Q8	TF Q1-Q2

Time per rotation including change of apparatus:					00:37:30
WAG AF - Training		VT	UB	BB	FX
12:30	13:00	General Warm-up			
13:00	13:37	VT Q1-Q8 + R	UB Q1-Q8 + R	BB Q1-Q8 + R	FX Q1-Q8 + R
13:37	14:15				
14:15	14:52				
14:52	16:30				

Time per rotation including change of apparatus:					00:37:30
WAG AA - Training		VT	UB	BB	FX
15:30	16:00	General Warm-up			
16:00	16:37	AA Q1-Q6 + R4**	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**
16:37	17:15	AA Q1-Q12 + R1**	AA Q13-Q18 + R4**	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**
17:15	17:52	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**	AA Q1-Q6 + R4**	AA Q7-Q12 + R3**
17:52	18:30	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**	AA Q1-Q6 + R4**

Time per rotation including change of apparatus:				00:37:30
WAG Open - Training		VT	UB	BB
		FX		
18:30	19:00	General Warm-up		
19:00	19:37			
19:37	20:15			
20:15	20:52	Open Training		
20:52	21:30			

Warm-up					
Time per rotation including change of apparatus:					00:18:45
WAG Team Final		VT	UB	BB	FX
17:30	18:00	General Warm-up			
18:00	18:18	TF Q1-Q8	TF Q1-Q2	TF Q3-Q4	TF Q5-Q6
18:18	18:37	TF Q5-Q8	TF Q3-Q4	TF Q1-Q2	TF Q3-Q4
18:37	18:56	TF Q1-Q4	TF Q5-Q8	TF Q7-Q8	TF Q1-Q2
18:56	19:15	TF Q1-Q2	TF Q3-Q4	TF Q7-Q8	TF Q7-Q8

FOP					
Time per rotation including change of apparatus:					00:33.45
WAG Team Focal	VT	UB	Transition		BB
12:15	19:30				FX
12:30	20:03	TF 01-02	TF 03-04	TF 05-06	TF 07-08
20:03	20:37	TF 07-08	TF 01-02	TF 03-04	TF 05-06
20:37	21:11	TF 05-06	TF 07-08	TF 01-02	TF 03-04
21:11	21:45	TF 03-04	TF 05-06	TF 07-08	TF 01-02
21:45			Award Ceremony		



	Stretching Area	Training Hall #1	Warm-Up Hall	FOP
7:00:00				
7:15:00				
7:30:00				
7:45:00				
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21:45:00				
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22:15:00				
22:30:00				
22:45:00				
23:00:00				

[illegible]

Training Hall #1

00:37:30

WAG Open - Training		VT	UB	BB	FX
10:00	10:30	General Warm-up			
10:30	11:07	Open Training			
11:07	11:45				
11:45	12:22				
12:22	13:00				

00:37:30

WAG AF - Training		VT	UB	BB	FX
13:00	13:30	General Warm-up			
13:30	14:07	VT Q1-Q8 + R	UB Q1-Q8 + R	BB Q1-Q8 + R	FX Q1-Q8 + R
14:07	14:45				
14:45	15:22				
15:22	16:00				

00:37:30

WAG AA - Training		VT	UB	BB	FX
16:00	16:30	General Warm-up			
16:30	17:07	AA Q1-Q6 + R4**	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**
17:07	17:45	AA Q19-Q24 + R1**	AA Q1-Q6 + R4**	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**
17:45	18:22	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**	AA Q1-Q6 + R4**	AA Q7-Q12 + R3**
18:22	19:00	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**	AA Q1-Q6 + R4**



[illegible]

* Non qualified Gymnasts and NF substitute

** for NF without qualified WAG Gymnast

Training Hall #1				
Time per rotation include change of apparatus				
WAG AA - Training	VT	UB	BB	FX
10:00	10:30	General Warm-up		
10:30	11:00	AA Q1-Q6 + R4**	AA Q1-Q12 + R3*	AA Q1-Q18 + R2**
11:00	11:30	AA Q1-Q12 + R1**	AA Q1-Q18 + R2**	AA Q1-Q18 + R2**
11:30	12:00	AA Q13-Q18 + R2**	AA Q13-Q24 + R1**	AA Q1-Q18 + R2**
12:00	12:30	AA Q13-Q18 + R3**	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**
				AA Q1-Q18 + R4**

Time per rotation including change of apparatus:				00:37:30	
WAG AF - Training		VT	UB	BB	FX
13:15	13:45	General Warm-up			
13:45	14:22	VT Q1-Q8 + R	UB Q1-Q8 + R	BB Q1-Q8 + R	FX Q1-Q8 + R
14:22	15:00				
15:00	15:37				
15:37	16:15				

Time per rotation including change of apparatus:				00:37:30
WAG Open - Training		VT	UB	BB
		FX		
16:15	16:45	General Warm-up		
16:45	17:22			
17:22	18:00	Open Training		
18:00	18:37			
18:37	19:15			

Warm-up					
Time per rotation including change of apparatus:					00:18:45
WAG AA Final	VT	UB	General Warm-up	BB	FX
17:30	18:10				
18:00	18:00	AA Q19-Q24 + R1**	AA Q1-Q6 + R4*	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**
18:18	18:37	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**	AA Q1-Q6 + R4*	AA Q7-Q12 + R3**
18:37	18:56	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**	AA Q1-Q6 + R4*
18:56	19:15	AA Q1-Q6 + R4**	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**

FOP						
Time per rotation including change of apparatus:						
WAG RA Final		VT	UB	BB	FX	
19:15	19:30	Transition				
20:30	20:03	AA Q1-Q6 + R4**	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**	
20:03	20:37	AA Q19-Q24 + R1**	AA Q1-Q12 + R3**	AA Q7-Q12 + R2**	AA Q13-Q18 + R1**	
20:37	21:11	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**	AA Q1-Q12 + R3**	AA Q7-Q12 + R2**	
21:11	21:45	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**	AA Q1-Q12 + R3**	
21:45	22:00	Award Ceremony				



WAG Apparatus Finals - Day 1

* Including Reserves and NF substitute
** Non qualified Gymnasts only

Time per rotation including change of apparatus:					00:37:30
WAG Open - Training		VT	UB	BB	FX
12:00	12:30	General Warm-up			
12:30	13:07				
13:07	13:45	Open Training			
13:45	14:22				
14:22	15:00				

FOP			
WAG Apparatus Finals		VT	UB
13:45	14:00	Transition	
14:00	14:38	MAG - FX Final	
14:38	15:23	VT Q1-Q8	
15:23	15:35	Award Ceremony - MAG FX and WAG VT	
15:35	16:16	MAG - PH Final	
16:16	17:02		UB Q1-Q8
17:02	17:42	MAG - SR Final	
17:42	18:00	Award Ceremony - MAG PB, WAG UB and MAG SR	



[illegible]

* Including Reserves and NF substitute
** Non qualified Gymnasts only

FOP - Training				01:00
WAG AF - Training		BB	FX	
12:00	13:00	General Warm-up and Open Training		

Time per rotation including change of apparatus:				00:37:30
WAG Open - Training	VT	UB	BB	FX
12:00	12:30	General Warm-up		
12:30	13:07	Open Training		
13:07	13:45			
13:45	14:22			
14:22	15:00			

Warm-up			
WAG Apparatus Final		BB	FX
12:00	18:00	General Warm-up and Open Warm-up	

FOP		
WAG Apparatus Finals	BB	FX
13:45	Transition	
14:00	MAG - VT Final	
14:36	BB Q1-Q8	
15:22	Award Ceremony - MAG VT and WAG BB	
15:34	MAG - PB Final	
16:15	FX Q1-Q8	
17:01	MAG - PB Final	
17:42	Award Ceremony - MAG PB, WAG FX and MAG HB	

